Contact Details

If you have any questions or concerns, please do not hesitate to call, email or drop into the clinic.

07 4041 4736

admin@nqeyeclinic.com.au

www.nqeyeclinic.com.au

461 Mulgrave Rd Earlville

SCAN ME

CLINICAL HOURS

CAIRNS

Consulting Days: Tuesday – Friday
Consulting Hours: 8.00am to 5.00pm

ATHERTON

Consulting Days: Monday
Consulting Hours: 8.30am to 5.00pm

nqec North Queensland Eye Clinic

Cataract Surgery Insured

Dr Ramin Zadeh

Cataract Surgery Preparation Check List

1. Admission Booklet

Have I completed my admission booklet? ☐

Have I given my admissions booklet to the Cairns Day Surgery? ☐

The admission booklet needs to be at The Cairns Day Surgery a week prior to surgery but no earlier than 3 weeks before surgery.

2. Insured Patients ☐

Have I called my health insurer to check that I am covered for cataract surgery?

If you are not covered by your health insurance, please let our clinic know so that we can give you prices for cataract surgery without health insurance.

3. Tableland Patients ☐

Have I booked accommodation for the night of surgery?

4. Driving after surgery ☐

I cannot drive for 1 week after cataract surgery, have I organised a driver/time off work?

THE MOST IMPORTANT THINGS TO REMEMBER

1. If you are not covered by your insurance for cataract surgery please let us know. We will need to give you adjusted pricing.
2. Your admission booklet needs to be at the Cairns Day Surgery at least one week prior to surgery.
3. We will call you on the Friday prior to your surgery with fasting and arrival time for surgery.
4. No driving for 1 week after your first cataract surgery and for 5 days after your second eye.
5. You may still need reading glasses.

Please visit our website if you would like to watch a video of cataract surgery

www.nqeyeclinic.com.au

Appointments After Surgery

We recommend that you have a driver for these appointments

1. **1 day after surgery**
   We will see you between 8-9am the day after your surgery. Dr Zadeh will give you the exact time of this appointment immediately following your surgery.

   At this appointment, we will remove your eye patch, explain how and when to use your eye drops. The drops will be supplied to you when you arrive for this appointment.

   There will be no charge for this appointment.

2. **10 days after surgery**
   This appointment time and date will be given to you the day following your surgery.

   The appointment will be at either our Cairns or Atherton clinics- whichever is closer to your place of residence.

   Paperwork for you second eye will be done at this appointment.

   There will be no charge for this appointment.

3. **6 weeks after surgery**
   You will be dilated for this appointment so a driver is recommended.

   If Dr Zadeh is happy with how your eyes have healed you will be free to go to your optometrist for new glasses..... if they are needed!

   There will be a consultation fee for this appointment.

Surgery Dates & Times

☐ **EYE** _____

Admission Time: _____

Fasting Time: _____

☐ **EYE** _____

Admission Time: _____

Fasting Time: _____

You will be called the **Friday** prior to your surgery date by one of our staff members with your fasting and admission times.

Fasting begins 6hours prior to your admission time.

Please let us know if you need a specific admission time.

A portion of the surgery fees is donated to the Fred Hollow's Foundation to help fund cataract surgery in developing countries.

Surgery Fees

Cataract/Cataract + iStent (per eye)

Dr Zadeh's fee $ _____

Medicare rebate $ _____

You will receive a further rebate from your health insurer.
We will give you receipts to submit to your health insurer.

If needed:

Injection $ _____ ☐ Right/Left

Rebate $ _____

Script fee $ _____

Your health insurance covers the cost of the intra-ocular lens, iStent and the facility fees at the *Cairns Day Surgery.

We can claim your Medicare rebate electronically with a valid referral.

Additional Considerations:

1. Please call your health insurer to ensure that you are covered for cataract surgery. If you are not covered, please let us know.

2. Item Number:
   - ☐ 42702: Cataract Surgery
   - ☐ 42705: Cataract & iStent Surgery

3. *Please check your policy as you may need to pay an excess or co-payment on the day of surgery.

   There will be a fee for the anaesthetist. Please call 07 4051 4999 to obtain a quote and to organise payment.

   Quote $ _____

How to prepare for surgery:

1. Please take your usual medications on the day of surgery.
2. If you take Warfarin, please make sure that you have a blood test 10 days prior to your surgery and inform our clinic of your INR levels.
3. Shower or bath before coming to the Cairns Day Surgery.
4. Wear clean clothing that is loose/comfortable.
5. Please do not wear any make-up.
6. Cairns Day Surgery will not admit you for cataract surgery unless you have a carer to collect you and to stay with you the first night after your operation. Please ensure you have a carer organised.

What to expect on the day of surgery:

1. Expect to be at the Cairns Day Surgery for up to 3 hours. You will have a lot of drops in your eyes.
2. You will have anaesthetic to numb your eye before surgery.
3. It is very natural and normal to feel nervous about your surgery, please rest assured that we will take very good care of you.

What to expect after cataract surgery:

1. You may experience the following after cataract surgery:
   blurred vision, double vision, glare and grittiness.
2. This is normal and will settle with time.
3. You will need to use drops for 1 month after surgery.
4. You may need reading glasses for fine print once both eyes have had the Cataracts removed.